

As of 2023

Top Ten Freshmen

Shot Put

1. 33'7" - 2010 - Meagan Dietz
2. 32'10" - 2017 - Kendalyn Beasley
3. 31'9.5" - 2012 - Jennafer Windels
4. 30'8" - 2008 - Hannah Schmitz
5. 30'6" - 1984 - Kristen Savage
6. 30'0" - 2008 - Chelsea Dingleline
7. 28'9" - 1993 - Jamie Maurer
8. 28'7" - 2018 - Riley Lefevre
9. 28'2.5" - 1998 - Jill Raymond
10. 28'2" - 2019 - Amaya Sanchez

Discus

1. 108'7" - 2008 - Hannah Schmitz
2. 102'4" - 2017 - Kendalyn Beasley
3. 98'3" - 2010 - Meagan Dietz
4. 95'4" - 1998 - Jill Raymond
5. 90'4" - 2019 - Amaya Sanchez
6. 83'1" - 2019 - Gabrielle O'Connor
7. 81'0" - 2001 - Tristan Rogers
8. 80'6" - 1990 - Rhonda Hoffman
9. 80'3" - 2005 - Nichole Cavins
10. 80'0" - 1993 - Lisa Satterfield

Long Jump

1. 16'9" - 1979 - Cindy (Blum) Young
2. 15'6.5" - 2000 - Becky Seres
3. 15'3" - 1996 - Jennifer VanderLoop
4. 15'1" - 2014 - Olivia Mack
5. 14'11.5" - 1994 - Christy Mason
6. 14'11" - 1986 - Stacey Sweat
- 2022 - Katie Powell
8. 14'9.5" - 2009 - Lauren Carter
9. 14'7.5" - 1995 - Sam Sammons
10. 14'6.5" - 1990 - Cassie Hackett

High Jump

1. 4' 9" - 1996 - Kathy Kunath
1986 - Janeen Buckley
3. 4' 8" - 1987 - Tonya Farmer
1994 - Christy Mason
1995 - Jessica Lytle
2000 - Karrie Bass
2003 - Alisha Webb
2008 - Trisha Agner
2013 - Tori Shuler
2015 - McKenna Stone

100m dash

1. 13.1 - 1993 - Stephanie Potter
2013 - Christina Boitnott
3. 13.2 - 1979 - Terri Barron
2005 - Brittani Peterson
5. 13.3 - 1994 - Christy Mason
6. 13.4 - 1977 - Janice Bialko
7. 13.5 - 1994 - Kara Awishes
2002 - Katie McAber
9. 13.6 - 1996 - Jennifer VanderLoop
2000 - Becky Seres
2015 - Brooklyn Gillenkirk

200m dash

1. 26.9 - 2004 - Marissa Jackson
2. 27.0 - 2005 - Brittani Peterson
3. 28.1 - 2013 - Christina Boitnott
4. 28.2 - 1994 - Kara Awishes
5. 28.3 - 2014 - Audrey Szabo
6. 28.4 - 2000 - Becky Seres
7. 28.6 - 2005 - Teri Williams
8. 28.7 - 1990 - Cassy Hackett
9. 28.9 - 1994 - Christy Mason
2002 - Katie McAber

400m dash

1. 1:04.1 - 2006 - Liz Wight
2. 1:04.6 - 2012 - Hayley Stone
3. 1:04.7 - 2005 - Brittani Peterson
4. 1:04.87 - 2021 - Alyssa Masserant
5. 1:05.4 - 1995 - Jessica Lytle
6. 1:05.5 - 1985 - Diane Miazgowicz
7. 1:06.4 - 1995 - Sam Sammons
8. 1:06.5 - 1995 - Bridget Sisk
9. 1:06.6 - 2004 - Irene Couturier
10. 1:07.0 - 1995 - Kelly Herman
1996 - Jessica Welch

100m High Hurdles

1. 17.65 - 2021 - Ellie Nichols
2. 17.5 - 2018 - Sarah Johnson
3. 17.6 - 1979 - Colleen Savage
2001 - Carrie Mather
5. 17.8 - 1992 - Amanda Regelin
2002 - Caitlin Aniol
2014 - Sarah Wright
8. 17.9 - 2008 - Holly Beasley
2013 - Ashleigh Carroll
10. 18.2 - 2003 - Stephanie Piotrowski
2015 - Hannah Wright
2018 - Danielle Mathews
2022 - Mia Schroeder

300m hurdles

1. 50.5 - 2018 - Sarah Johnson
2. 51.2 - 2013 - Ashleigh Carroll
3. 51.3 - 2008 - Holly Beasley
4. 51.6 - 1996 - Erin Bayer
2002 - Caitlin Aniol
6. 51.86 - 2022 - Mia Schroeder
7. 51.9 - 2014 - Sarah Wright
8. 52.0 - 1995 - Julie Bono
9. 52.3 - 2001 - Carrie Mather
10. 52.4 - 2004 - Marissa Jackson

800m run

1. 2:22.7 - 2004 - Bekah Smeltzer
2. 2:31.6 - 2012 - Madison Stone
3. 2:32.6 - 1986 - Stacey Sweat
4. 2:33.4 - 2005 - Rachel Baron
5. 2:35.8 - 2012 - Jerica Duvall
6. 2:36.1 - 2005 - Sarah Mills
7. 2:37.2 - 1996 - Jessica Welch
8. 2:37.4 - 1995 - Jessica Lytle
9. 2:37.7 - 2016 - Emily Hintz
10. 2:39.0 - 1991 - Francie Burnison

1600m run

1. 4:57.5 - 2004 - Bekah Smeltzer
2. 5:21.5 - 2016 - Katelyn Nadeau
3. 5:29.8 - 2005 - Rachel Baron
4. 5:33.30 - 2022 - Kim Miller
5. 5:33.4 - 1982 - Collette Walters
6. 5:34.96 - 2021 - Jenna Pilachowski
7. 5:36.0 - 1998 - Carrie Smeltzer
8. 5:39.8 - 2005 - Andrea Hoffman
9. 5:40.3 - 2017 - Paige Cready
10. 5:40.5 - 1996 - Jessica Welch

3200m run

1. 10:40.0 - 2004 - Bekah Smeltzer
2. 11:48.6 - 2016 - Katelyn Nadeau
3. 11:49.7 - 1999 - Laurie Masserant
4. 11:54.8 - 2005 - Rachel Baron
5. 11:57.17 - 2022 - Kim Miller
6. 12:08.5 - 2005 - Andrea Hoffman
7. 12:11.84 - 2021 - Jenna Pilachowski
8. 12:15.3 - 1998 - Anne Venier
9. 12:17.1 - 2009 - Erin Bachler
10. 12:20.6 - 1998 - Carrie Smeltzer